

# ★ SENIOR HEALTH FAIR

PROMOTING WELLNESS, CONNECTION,  
AND VITALITY

SEPTEMBER 26TH, 2025  
3:00 PM – 5:00 PM

534 E TROW AVE, CHELAN, WA 88816

## WHAT TO EXPECT:

- ✓ Free Health Screenings (Blood Pressure, Glucose)
- 💡 Wellness Workshops (Nutrition, Mental Health, Fall Prevention)
- 💉 Giveaways & Refreshments

## WHO SHOULD ATTEND?

Seniors, caregivers, family members, and anyone interested in senior wellness,

## QUESTIONS?

Lake Chelan EMS  
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[www.lakechelanhealth.org](http://www.lakechelanhealth.org)

LET'S BUILD A HEALTHIER, HAPPIER COMMUNITY TOGETHER!