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CHELAN COUNTY PUBLIC HOSPITAL DISTRICT NO. 2

POSTAL CUSTOMER



PUBLISHED BY LAKE CHELAN
COMMUNITY HOSPITAL

2014: A YEAR OF COMMUNITY PARTNERSHIPS

KEVIN ABEL, CEO | 509-682-3300 | KABEL@LCCH.NET

Last year Lake Chelan Community Hospital launched its Healthy Lake Chelan Valley initiative, a long-term commitment to protect and preserve local healthcare. We also merged with Lake Chelan Clinic, expanded outpatient medical services and worked hard to build community partnerships.

Those partnerships are crucial as we move forward in 2015, focusing on continued collaboration with our friends and neighbors, as well as other regional healthcare entities, including Confluence Health in Wenatchee

and the Chelan-Douglas Health District. We will also expand on our tele-medicine partnerships with Swedish Medical Center, bringing you local tele-neurology services.

In 2015, we will continue to coordinate with our community partners as we work to ensure you the best local health care.



CLINIC QUESTION:

WHAT DOES THE MERGER
BETWEEN LCCH AND
CLINIC MEAN TO ME?

You will see improved coordination of your medical care between the hospital and clinic. Specialists you saw at LCCH may now be at the 219 E. Johnson clinic.



Dr. Jay Waszkewitz
Family Physician

**OUR MISSION IS TO PROVIDE
PATIENT-CENTERED, QUALITY
HEALTH CARE WITH COMPASSION
AND RESPECT.**



COUNSELING, MENTAL HEALTH CARE

In 2014, we closed our Wenatchee Behavioral Care Clinic to focus on serving local mental health needs. Psychologist Dr. John

Arnold (above) and psychiatric physician assistant John Laughlin (right) offer outpatient counseling and medication management in the Chelan hospital. **Please call 682-3300 to schedule an appointment.** Also, to participate in the

hospital-led community conversation about local youth mental health or schedule a QPR suicide prevention class for your organization, email cthomas@lcch.net.





HOUSE CALLS

NEW LOOK REFLECTS YOUR LOCAL HEALTH CARE

National health care continues to evolve at a rapid pace, and local services must innovate as well. At Lake Chelan Community Hospital (LCCH), we build on a long tradition of care. We've grown, adapted and partnered as necessary to remain viable and provide our community with essential health care for more than 65 years.

As we face more change, we've made important decisions that make us more than just a hospital. In 2014,

LCCH merged with the Lake Chelan Clinic. Its family physicians joined existing medical teams in our specialty, behavioral and rehabilitative outpatient care clinics. Coordination of your essential health became a larger priority for our organization. We have revised our logo to reflect these important changes.

We also launched the Healthy Lake Chelan Valley initiative in 2014 to protect and preserve local health care.



Dr. Amy Hutton, Family Physician

We will continue that focus as we prepare for many more years of service in the Lake Chelan valley.

In 1944, representatives from about 20 community groups gathered in the Chelan junior high library to discuss plans for a local hospital. A month later, Dr. Charles Lund spoke about increased population and "boys coming home" from war. "A hospital is a necessity in every community," he said. "We never know when a hospital at hand may be the means of saving a life, or even many lives."

The foresight and work of those early community members established Lake Chelan Community Hospital (LCCH). Almost 70 years later, with your support, LCCH continues to save lives. **We dedicate the 2014 annual report to today's many community members who remain committed to the hospital and champion local health care.**



TEAM APPROACH GETS KITTY BACK TO HER GAME

Kitty Griffith of Manson was skiing in Innsbruck, Austria when she injured her knee, damaging both the meniscus and ACL. She chose to have the injury repaired by local orthopedic surgeon Joshua Schkrohowsky.

"I had heard good things about Dr. Schkrohowsky," said Kitty, "and he did a marvelous job."

Kitty had outpatient surgery on her knee at Lake Chelan Community Hospital, followed by several months of rehabilitative therapy from hospital physical therapist

"I had heard good things about Dr. Schkrohowsky, and he did a marvelous job."

Jeff England. He and Schkrohowsky coordinated efforts during Kitty's recovery to ensure the best outcome.

"They were both personable and professional," said Kitty, who hasn't hit the slopes yet, but is back to other activities she loves: snowshoeing, golf and playing with her grandkids.

RIGHT: COORDINATING YOUR CARE: DR. SCHKROHOWSKY WITH HIS FAMILY AND PHYSICAL THERAPIST JEFF ENGLAND WITH PATIENT TOM ANGLIN OF CHELAN.



2014 STATISTICS

Inpatient Patient Days (total days of inpatient care provided)	5,859
Births	90
Emergency Room Visits	5,396
EMS Ambulance Runs	1,295
Outpatient Mental Health Visits	2,286
Physician Clinic Visits	9,083
Diagnostic Imaging Procedures	6,136
Home Health Visits	3,073
Laboratory Procedures	29,461
Immunizations	691
PT & OT Visits	6,571
Respiratory Therapy Procedures	2,251
Surgeries	593

Medical Staff 49
(includes physicians, physician assistants, nurse anesthetists, ARNPs, physical, occupational and respiratory therapists, dietician & optometrist)

High School students at LCCH w/ Chelan Med. Science Program 60

Uncompensated Care \$1,936,414
An overall measure of hospital care provided to patients unable to pay for service. Trends for charity care often reflect the economic environment.

Coming soon...

Orthopedic surgeon Dr. Joshua Schkrohowsky will begin offering partial knee replacement surgery at LCCH in 2015. This new procedure preserves the undamaged part of the joint and reduces pain and rehabilitative time. Call 682-3300 to schedule an appointment and see if this is a good option for you.



HEALTHY LAKE CHELAN VALLEY 2014 HIGHLIGHTS

EMS provided 249 free **blood pressure and glucose screenings** in 2014. They participated in community drills, taught students safety and offered a SafeSitter babysitting class for local youth.

During the 2014 fires, LCCH's **incident command system** was implemented as the hospital coordinated with regional healthcare.

LCCH participated in its 4th session of **GET FIT! Lake Chelan**, helping community members lose weight and develop healthier lifestyles.

LCCH hosted a **healthcare advocacy session** where community leaders heard from a panel of experts about changes and opportunities in rural healthcare delivery.

MAX FOR KIDS

Funded through the LCCH Foundation, the **Max Kids' wellness program** reached hundreds of local children and their families in 2014. In September, LCCH wellness team partnered with Manson High School's cross country program to put on a 5K Family Fun Run with Max (above). More than 100 people participated.

Close to 600 community members were trained in **CPR and first aid** by LCCH in 2014. We also partnered with local schools to offer free CPR training to students. Please visit lakechelanhospital.com or email cpr@lcch.net to enroll in a class.

NEW PODIATRY SERVICES DR. KEVIN MORRIS

Struggling with foot or ankle pain? Podiatrist Dr. Kevin Morris, certified with American Board of Podiatric Surgery, sees patients at the LCCH specialty clinic. He has practiced podiatry for 25 years and offers comprehensive foot and ankle care, including podiatric sports medicine and surgery. To make an appointment to see Dr. Morris at LCCH, please call the Foot & Ankle Center of Wenatchee at 662-2970.



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Jennifer Snyder, MD
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GYNECOLOGY

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OCCUPATIONAL THERAPY

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Jim Szymanski, OT

ORTHOPEDIC SURGERY

Joshua Schkrohowsky, MD

PHARMACY

Christy Nielson, Pharm.D

PHYSICAL THERAPY

Jeff England, DPT
Linda Hollier, PT
Rod Mortensen, PT
Mike Ruane, PT

PLASTIC SURGERY

Kenneth Jones, MD

PODIATRIST

Kevin Morris, DPM

OPTOMETRY

Nathan Scott, OD



LCCH EMS - 2015 EMS Agency of the Year

Greater Wenatchee Emergency Medical Services Council

EMS HONORS

The Greater Wenatchee Emergency Medical Services (EMS) Council honored Lake Chelan Hospital's EMS team as EMS agency of the year. Karl Jonasson, LCCH EMS Director, was also honored as administrator of the year. He has been a county and regional leader in EMS since 1990. Life-saving awards went to Dana Vivian, Chris Eickmeyer and John Steiner of Chelan EMS. "It takes everybody to make this happen," said Jonasson, "but it's nice to be honored for our hard work."

THUMBS UP TO LCCH FOR EMERGENCY CARE

David Wilbur from Olympia was boating on Lake Chelan when an accident interrupted his day. Coming off the lake, he reached toward the dock at Twenty-five Mile Creek when a wake pushed the boat into the dock, pinching David's right thumb between it and the wood. The collision ripped off part of his thumb, exposing the bone. After calling the hospital, a friend drove David to the LCCH emergency room, where he was taken directly to a patient care area. "When I'm hurt and in shock, I deal with it by goofing around a lot," said David, "but the nurses put up with me, and the doctor did a great job repairing my thumb. Everyone went above and beyond to take care of me. When I got back to Olympia, my doctor looked at my injury and said Lake Chelan Hospital did everything right." With full use of his hand, Wilbur has new appreciation for LCCH. "I was really pleased with the care I got there," he said.



Lake Chelan Community Hospital (LCCH) is a Level IV ED. This means we are able to handle and stabilize the vast majority of conditions which arise in our community. Our collaborative relationships with regional healthcare providers ensure our community receives the best care for those living and visiting the greater Lake Chelan Valley.



CARING FOR WOMEN: ASK THE DOC

Gynecologist Dr. Ty Witt expanded his services in 2014 by adding a variety of fertility treatments. He continues to help patients with many women's health issues, including hormone therapy and contraception. Dr. Witt has practiced medicine for more than 25 years and has extensive surgical experience. He's delivered more than 4,000 babies but now focuses on gynecology. **Call 682-3300 to schedule an appointment.**

Dr. Witt will present a series of **women's health workshops** at LCCH and its clinic in 2015. He'll cover topics like hormones, fertility, heavy bleeding, contraception and bone health. Each talk will be followed by an "Ask the Doc" session, where women can ask Dr. Witt personal health questions in a relaxed setting. Free community wellness events. Call 682-3300 or visit LakeChelanHospital.com for more information.

MAKING SPECIAL DELIVERIES...



"We experienced such great care at Lake Chelan Community Hospital during the birth of our son. Staff were with us and available around the clock for anything we needed, giving us such specialized care. The nurses were so knowledgeable and caring as they helped me navigate the whole experience."

*Amy Anderson, Teacher
Manson Elementary School*



EXPECTING?

As your community hospital, we want to help you and your baby get a healthy start by sending you a pregnancy journal and organizer. To receive your keepsake journal, please visit LakeChelanHospital.com and fill out a quick online form. We will send your book and additional information about local childbirth services. You can also schedule a tour of our birthing room on the website or by calling the hospital at 682-3300.

DR. MEGAN GUFFEY: NEW FAMILY DOCTOR

Dr. Megan Guffey joined LCCH's family practice clinic in 2014. She comes most recently from Tacoma Family Medicine, where she cared for low and high-risk obstetrical patients, performed deliveries and Cesarean sections and taught medical students and residents.

"Being a family doctor means being able to make a difference and help people in a meaningful way," said Dr. Guffey. "It also challenges you intellectually. Medicine is always changing."

While she says family medicine may seem a little old-fashioned amidst so many specialties, Dr. Guffey was drawn to the field. "I like it because of its focus on people," she said. "Being a family physician allows you to treat the whole person and develop long-term relationships with patients and their families as you help them stay well. I think family medicine teaches you to embrace people in their environment."

Meeting people where they are in their quest for health is a priority for Dr. Guffey. "One thing I tell my patients is that a ladder will be climbed one rung at a time. That's the way we improve our health as well."

Dr. Guffey especially enjoys women's health. After working in a high-risk pregnancy program, she looks forward to caring for expectant mothers and their babies in our community. She will deliver babies, including Cesarean sections, at LCCH.



A COMMUNITY COMMITTED TO LOCAL HEALTH CARE...



Above: Two companies at work on the Holden Mine Cleanup each gave \$10K in 2014 to promote **wellness in the Lake Chelan Valley**. Rio Tinto and Magnus Pacific are encouraging Chelan Valley residents to live better by giving 20K to wellness initiatives funded by the Lake Chelan Community Hospital Foundation. The contribution will allow the hospital to expand Club Max, a popular program that features a puppy mascot to engage children in an effort to fight obesity. "We're very pleased with the successes of Club Max. Rio Tinto is proud to be a part of this program," said Holden Mine cleanup project manager Dave Cline. Photo: LCCH Foundation Director Katherine Jerald, Magnus Pacific's Bob Kirby, Max, Agustin Benegas, LCCH wellness coordinator and Cline.



Above: Guild B purchased new surgical equipment for LCCH orthopedic surgery; EMS team uses new glidescopes funded by community donors in LCCH ambulances; caregivers with patient bedside tables bought with Guild B donations in 2014.



Left: LCCH occupational therapist Jannel Mikkelson uses a new integrated listening system donated by LCCH Guild E in 2014. This equipment is part of **a multi-sensory program that improves brain function**, explained Mikkelson.

"It can be really powerful for a wide range of issues," she said, "including helping a 10-month-old

baby sleep through the night, a school-age child pay attention in class or an adult who has experienced head trauma recover." The program is six weeks long and uses an MP3 player to create tones and vibrations that assist in improving brain function. Mikkelson creates a program custom to patient needs and incorporates exercises to target those needs. Guild E members pictured with Mikkelson in photo; the guild began in 1957. **To make an appointment with LCCH's occupational or physical therapists, call 682-8523.**



Guild Y provided funding to support a new tele-neurology program with Swedish Hospital.

THANKS FOR YOUR SUPPORT!

Because of generous donors like you, we are able to continue our work to provide and improve healthcare in the Lake Chelan Valley. Thank you for your 2014 contributions:

Arlene Abbott - Kevin & Christine Abel - Sari & Rick Agan - Sally Anderson - Brittany Arnold - Dr. & Mrs. Arnold - Leanna Ashley - James Ashmore - Emmitt Aston - Miranda & Jeremy Avery - Yesenia Avila - Ervin & Connie Bader - Raynor Baker - Amanda Ballou - Pat & Jim Batdorf - Dane Becker - Nat & Gail Bender - Agustin Benegas-Garcia - Christine Bigelow - William & Darlene Bishop - Geri Bloch - Carl & Kathleen Blum - Vickie Bodle - Penny Booth - Elliott Bresnan - John & Rayetta Browne - Ed Brownfield-Nelson - Doris Bryant - Rosemary Bulmer - Butte View Orchard - Robert Cahoon - Art Campbell - Kathleen Campbell - Robert & Theresa Carleton Jr. - Rocio Ceja - Chelan Red Orchards, Inc. - Chevron Products Company* - Joe Chicoine - Mary Closson - Kendra Colin - Karen Collins - Michael Collins - Dee Cook - Les & Carol Cooper - Paul Cossette - Gale & Jack Courtney - Coverys - William & Joy Cox - Sue Crinklaw - Mary Cropley - DERCO Associates Inc. - Heidi Desimone - Beth Dietrich - Scott Dietrich - 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* We'd like to especially thank our top 10 donors of 2014.



CONGRATULATIONS!

Congratulations to Jeni Rendon for being chosen as the hospital's Distinguished Employee of 2014. Jeni has been the physical and occupational therapy coordinator at LCCH for five years.

2014 FOUNDATION SPOTLIGHT

\$139,000 contributed to Foundation in 2014

297 Supporters

Foundation Achievements:

Raised \$75,000 to support hospital equipment and programs (including wellness and an ultrasound unit)

Awarded \$40,000 in scholarship funds to future caregivers in the Lake Chelan valley and over \$30,000 in continuing education scholarships to local caregivers

Provided funding to continue and expand LCCH's child wellness program featuring Max mascot

Purchased Glidescopes for EMS vehicles

With support from community donors, the Foundation:

Gave \$30,000 to purchase orthopedic surgical tools, water purification system & other equipment needs (Guild B)

Provided \$15,000 toward mammograms (Soroptimist International of Chelan)

Funded new integrated listening system for occupational therapy (Guild E)

Financed new furniture for children's waiting room at LCCH family clinic (Guild B and Foundation)

Funded a new tele-neurology program (Guild Y and Foundation)

Purchased two automated external defibrillators (Lake Chelan

THE HOSPITAL FOUNDATION is dedicated to generating and managing donated assets to provide and improve healthcare facilities and services in our hospital district. The foundation actively manages donor contributions, bequests, memorials, donor advised funds, endowments and an annual giving campaign, as well as purchases necessary hospital equipment to improve patient care and fund hospital improvements.